



BRIXHAM DOES CARE

We are here to help, support and befriend.
We look forward to hearing from you & meeting you.....

Old Market Hall, Town Hall, New Road, Brixham,
Devon, TQ5 8TA

Tel: 01803 857727

Email: admin@brixhamdoescare.co.uk

Visit our website at — www.brixhamdoescare.co.uk

Our Office Is Open And Available
Monday to Friday 9.45 am to 4.00 pm

To Find Out More
01803 857727

And Speak To One Of Our Friendly Staff

Everything We Do Is In The Strictest Confidence

Brixham Does Care Café
10.00 am to 1.00 pm
Brixham Does Care Charity Shop
9.45am to 4.00pm

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JUNE 2018 NEWSLETTER



**BRIXHAM
DOES CARE**

**Old Market Hall, Town Hall
New Road, Brixham
Devon, TQ5 8TA**

Tel. No: 01803 857727

**Daily Open Door Service
and Charity Shop**



Registered Charity No: 1155412

Founded 1978

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WELCOME TO OUR JUNE NEWSLETTER

Hello Everyone,

Welcome to our June Newsletter.

On the Thursday 24th May we held our annual Volunteers Day in the Scala Hall. The event formally recognises and appreciates the hard work and effort that all of our volunteers do throughout the year.

The afternoon was a great success with many volunteers attending and lots of fun and laughter. Thank you to everyone who came and enjoyed the afternoon and took part in the quiz. Well done to everyone who took part, some of the questions were rather tricky!

We would also like to extend our thanks, once again to Sainsbury's who kindly donated the ploughman's lunch for us to enjoy.

If you have ever thought about volunteering for BDC or would like to find out more please visit the office and speak to myself, James, the Volunteer Coordinator.

Best wishes

James



Our Logo

A person - people matter most

A smile - we look for happiness

A simple drawing - everybody can be useful

STAFF TEAM

Director : Emma Barton

Co-ordinator: James Sparks

Community workers:

Kay, Ann, Maureen, Philippa, Jo and Maya

Well-Being Co-ordinator: Jane

If you are concerned in any way about the services we offer, do come and speak to someone in the office.

In addition Martyn Paddon, our Chairman, is happy to be approached.

Cheese and Wine

Thursday 14th June 6.30pm in the
Function Room Old Town Hall,
Brixham



Cheese, Biscuits, Wine
& Quiz



Tickets
£6.00 Per
Person

All Proceeds
to
Brixham
Does Care

BRIXHAM DOES CARE

Brixham Does Care was founded in 1978 as a Registered Befriending Charity and has since then been planning, organising and providing local services to the local people.

We need to continue the groups and activities that are set up and ask for your support in the work we undertake. You can help by ...

- * Becoming a member
- * Using our café for low cost refreshments whilst meeting friends
- * Visiting our charity Shop in New Road, Brixham
- * Using our facilities and working with us as a fundraisers or as a volunteer
- * Making a donation in person, via the post or online at <https://mydonate.bt.com/charities/brixhamdoescare>
- * Making a regular monthly payment
- * Making a covenant or legacy
- * Telling your friends and family about the work we do
- * Supporting our events and activities

AIM OF BRIXHAM DOES CARE

To support, and be supported by, the local community

To enhance:

- Quality of life, education, health & social welfare
- The independence of vulnerable people
- Befriending support to all those in need

Everything we do is in the strictest confidence

Groups & Activities for June

MONDAY-

FILM CLUB - Cover Girl - 4th June

SCRIBBLE & GIGGLE (in the Cafe) 10.00—12.00 pm
4th, 11th, 18th and 25th

TUESDAY-

KNIT & NATTER (in the Café) 10:30 - 12:30 pm
5th, 12th, 19th and 26th.

SUPPORT GROUP (in the Groups Room) 2 - 4 pm
5th, 12th, 19th and 26th.

BINGO (in the Café). 2 - 4 pm.
5th, 12th, 19th and 26th.

£2.00 per person **plus** cost for books to play.

WEDNESDAY-

LADIES WEDNESDAY GROUP (in the Café) 2 - 4 pm.
6th, 13th, 20th and 27th.

KNIT TOGETHER (in the cafe) 10.00am—12.00pm
6th, 13th, 20th and 27th

SCRABBLE GROUP (in the Groups Room) 2 - 4 pm
6th, 13th, 20th and 27th.

THURSDAY -

COLOUR & CHAT GROUP (in the groups room) 10.30am
7th, 14th, 21st and 28th.

ART GROUP (in the Café) 2 - 4 pm
7th, 14th, 21st and 28th.

LUNCH CLUB AVAILABLE AT THE BURTON PUB
EVERY THURSDAY AT 1PM
PLEASE CONTACT THE OFFICE FOR FURTHER DETAILS

FRIDAY -

BRIDGE GROUP (in the Café) at 10:30 am.
8th, 15th, 22nd and 29th.

CRAFT GROUP (in the Café) 2 - 4 pm
8th, 15th, 22nd and 29th.

All groups are £2.00 and transport is £2.00

Notes, News and Events

On Monday 21st May, Martyn and Josephine hosted their May Song & Dance party in the cafe. It was a lively event and everyone enjoyed the popular music choice and the flag waving. Cake was served in the interval and a raffle held and this event raised **£165.50**, Brilliant!



Film Club

**On Monday 18th June our film presentation will be
'The Five Pennies' starring Danny Kaye.**



In this film based on a true story, Red Nichols (Danny Kaye) moves from his small town to New York City to become a jazz musician. Although he experiences culture shock, he soon becomes well respected in the clubs, even forming a friendship with Louis Armstrong (Louis Armstrong). After marrying Willa (Barbara Bel Geddes) and having a daughter, Dorothy (Susan Gordon), Red still tours constantly. But, when he learns that Dorothy has polio, he realizes he must rethink his priorities.

Recipe of the Month

Strawberry & Polenta Cheesecake

125g butter, very soft, plus extra for greasing

125g caster sugar

2 large free-range eggs

100g self-raising flour, sifted

25g polenta

Grated zest ½ lemon or a very scant scraping of vanilla seeds



For the filling

200ml double cream

400g strawberries, washed, hulled and quartered, plus a few halved strawberries to decorate

Icing sugar for dusting

Preheat the oven to 180°C/160°C fan/gas 4. Grease and base line 2 x 20cm sandwich tins with baking paper.

Beat the butter and sugar together until pale and fluffy, then beat in the eggs, 1 at a time. Gently fold in the sifted flour along with the polenta and lemon zest or vanilla seeds. Divide between the cake tins, spread evenly and bake for 25 minutes.

Cool the cakes completely before turning them out of the tins.

Make the filling. Whip the cream to soft peaks, then gently fold in the strawberries. Use filling to sandwich the cakes together. Dust the top with icing sugar and decorate with the halved strawberries.

Notes, News & Events

Answers to last month's Royal quiz

- 1 *Suits* 2 *Alexandrina* 3 *Alexandra or Mary*
 4 *21 April* 5 *Peter Phillips (2008)* 6 *Glamis Castle*
 7 *Caernarfon Castle* 8 *1997* 9 *The Old Man of Lochnagar*
 10 *Pete Townsend* 11 *Rowan Williams* 12 *Eight*

Chuckle Corner

Last year, I replaced all the windows in my house with those expensive double pane energy efficient kind. But this week, I got a phone call from the contractor complaining that his work had been completed a whole year and I have yet to pay for them.

Boy, oh boy did we go around! Just because I'm over 50 doesn't mean that I am automatically stupid. So, I proceeded to tell him just what his fast talking sales guy had told me last year. He said that in one year, the windows would pay for themselves. There was silence on the other end of the phone, so I just hung up, and he hasn't called back since.

I think he was embarrassed.

About our services and our work....

Brixham Does Care is a registered Befriending charity which attempts to combat loneliness, isolation and despair. We offer support to people of all ages living in Brixham and surrounding communities.

Befriending
Confidential listening
Companionship, Groups,
Activities and Outings

Home visiting service
Volunteering opportunities
Benefit promotion & service
direction

Weekly Luncheon club

All age groups
Anyone who is housebound

Anyone living in Brixham and
the surrounding areas
Anyone who is lonely
Anyone who has disabilities

Those experiencing stress,
bereavement or personal loss
Anyone who is isolated

Other services include: Books on Wheels, Jigsaw lending, Support with Attendance Allowance forms.

Our home visiting team make some 200 visits per month to people in their own homes who are isolated, housebound or vulnerable.

The Brixham Does Care cafe where everyone is welcome, is open Monday to Friday from 10am to 1pm. Hot and cold drinks and light refreshments are available at a minimal charge. You may also join in our afternoon groups or activities.

People of all ages meet here and by coming regularly get to know each other.



Travel News

MINI BUS TRIP TO DARTS FARM & TOPSHAM on Tuesday 5th June

The mini bus will leave from outside the Brixham Town Hall at 10.00 am and depart from Topsham at 3 p.m.

Members £ 7.00

Non Members £8.00

MINI BUS TRIP TO SIDMOUTH on Friday 22nd June

The mini bus will leave from outside the Brixham Town Hall at 9:00 am and depart from Sidmouth at 3 p.m.

Members £7.00

Non Members £8.00

Brain Teasers

1. What kind of room has no doors and no windows?
2. What gets broken without being held?
3. What kind of tree can you carry in your hand?
4. Imagine you are in a dark room. How do you get out?
5. What invention lets you look right through a wall?

Answers in next months newsletter.